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January 17, 2025

C-2025-Case Management-001

TO: REGIONAL CENTER EXECUTIVE DIRECTORS

SUBJECT: TWO NEW GUIDES FOR FAMILIES TO PREPARE FOR INDIVIDUAL PROGRAM PLAN MEETINGS

As part of continued efforts to implement the new standardized statewide Individual Program Plan (IPP), new guides called Your Child's Plan and Your Youth's Plan now are available. The Department appreciates the many people who provided input to Your Child's Plan and Your Youth's Plan. Following the format of the first guide, [Your Plan](#), these two additional guides are intended to assist individuals, families, caregivers and legal guardians who have family members that receive services from a regional center to become familiar with the new IPP. Your Child's Plan is intended for children ages three to 13. Your Youth's Plan is intended for transition age youth and young adults ages 14 to 22. These guides are available at the same Internet site as the first guide, <https://www.dds.ca.gov/rc/ipp/>, and can be used as stand-alone documents or as additional tools to prepare for and improve IPP conversations and development.

These guides are not meant to be all-inclusive documents or instructions on how to develop an IPP. These guides are intended to help families, caregivers and legal guardians prepare for their child or youth's IPP meeting, identify their preferences, strengths, and goals, and provide information that may be helpful before, during and after the planning meeting. Additionally, there are workbooks called "About Your Child," and "About Your Youth" that provide insights into important areas about their child or youth's life, to discuss during the IPP meeting. These workbooks can help determine the Life Areas in the IPP and the framework for creating desired outcomes.

These guides are written in simple language and are meant to place an emphasis on the importance of the family, caregivers and legal guardians being involved in decision-making and aligning services with the individual's goals. We encourage regional centers to distribute Your Child's Plan and Your Youth's Plan widely to assist individuals in preparing to develop their new IPP.

The online versions of Your Child's Plan and Your Youth's Plan complies with the Web Content Accessibility Guidelines (WCAG) 2.1 AA for web-based documents. Please do not alter these documents in any way.

Your Child's Plan and Your Youth's Plan can be filled out electronically, or printed and completed with handwriting. The guides soon will be available online in 11 additional languages including Spanish, Vietnamese, Traditional Chinese, Simplified Chinese,

Tagalog, Korean, Arabic, Armenian, Farsi, Hmong and Russian. Regional centers are encouraged to share these guides with their community.

If you have any questions regarding the IPP materials or this letter, please email ippsupport@dds.ca.gov.

Sincerely,

Original Signed by:

ERNIE CRUZ
Deputy Director
Community Services Division

cc: Regional Center Administrators
Regional Center Community Services Directors
Regional Center Directors of Client Services
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